

Virtual Family
Faith
Formation
Reflection
Guide

April 6, 2020

Prayer Resources for Adults:

Websites/Apps:

- [EC NextStep Discipleship Journey](#)
- [Pray-As-You-Go App](#)
- [Alpha Videos](#)
- [The Hallow App](#)

Books:

- [Into the Deep](#) by Dan Burke
- [Prayer for Beginners](#) by Peter Kreeft
- [Introduction to Ignatian Prayer](#) by Fr. Timothy Gallagher

This Week's Activity: Set Up a Prayer Table

Read through this CGS article on "[Creating a Prayer Space in your Home](#)" to review the materials you need to create a prayer table and space. Talk with your family about location. If you are comfortable, snap a picture and send to Ms. Sam (elazems@christkingparish.org). Here is my family's prayer table:



More Activities You Can Do At Home:

[Making Prayer Cards at Home](#) (CGS)

[The Gift of Silence](#) (CGS)

[Enthronement of the Bible](#) (CGS)

[Colors of the Liturgical Year](#) (CGS)

[Ways to Pray with Kids](#)

[Examen for Children](#) (Pray as you Go)

[Guided Ignatian Meditation](#) (Pray as you Go)